



19th POSICON 2013 Annual Conference of

19 Annual Conference of Paediatric Orthopaedic Society of India

Theme: Paediatric Upper Limb Problems





Foreign Faculty







Peter Waters



Peter Stevens



Shital Parikh



James Robb



Mark Paterson



Fergal Monsell



Sanjeev Madan



Eva Ponten





Abhay Khot

Message from POSI President

I welcome you to the 19th annual scientific meeting and conference of the Paediatric Orthopaedic Society of India. The organising committee has strived hard to put together a wonderful scientific programme.

We are delighted to have guest speakers from USA, Europe, Australia and UK. Apart from sharing their knowledge, I believe this is a great opportunity for our guests to foster friendship and a closer association with the members of POSI.

For the first time we are having the formal representation of British Society for Children's Orthopaedic Surgery (BSCOS) at our meeting though individual members of BSCOS have attended some of our earlier meetings. We extend a very warm welcome to our guests from UK and we hope that their participation at our meetings will become a regular feature in future.

I am sure that each delegate will benefit from the meeting in more ways than one. I wish each and every delegate a meaningful and enjoyable stay at Ahmedabad.

Benjamin Joseph

President POSI

Paediatric Orthopaedic Society of India

President

Secretary

Dr. Benjamin Joseph

Dr. V V J Somaraju

Ahmedabad Orthopaedic Society

President

Secretary

Dr. Jitendra Chowdhary

Dr. Mandip Shah

Message from Organising Team

It gives us immense pleasure to invite you to 19th annual meeting of Paediatric Orthopaedic Society of India, POSICON 2013 at Ahmedabad, Gujarat, India.

The organising team along with office bearers and senior members of POSI has crafted a wonderful scientific program for you all. For the first time in POSI meeting paediatric upper limb problems are taking centre stage. We have great faculty from across the globe to share their knowledge, wisdom and experience.

This year we are lucky to have luminaries like Dr. Alvin Crawford (Past president SRS), Dr. James Robb (President BSCOS) and Dr. Peter Waters (Imm. Past President, POSNA) and many more.

We are not keeping any stones unturned to make your stay in Ahmedabad very comfortable and most memorable. We invite orthopaedic surgeons from all over India to Ahmedabad, which is recently declared the 'Best city to live'. This academic festival of POSI will bring along with it great learning, taste of gujarati hospitality and opportunity of fellowship with friends and international paediatric orthopaedic fraternity.

Looking forward to meet you in Ahmedabad in January 2013.

Dr. Premal Naik
Organising Secretary

Dr. Dhiren Ganjwala Dr. Maulin Shah Joint Organising Secretary Dr. Kamlesh Devmurari Treasurer

Venue

J B Auditorium

Ahmedabad Management Association, ATIRA Campus Dr. Vikram Sarabhai Marg, Ahmedabad

Conference Secretariat

Rainbow Superspeciality Hospital

Next to Asia School, Behind HDFC bank, Opposite Drive In cinema

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Conference Timetable

4th January, Friday Preconference Workshops

5th & 6th January, Saturday & Sunday Main conference

5th January, Saturday Banguet

6th & 7th January, Sunday & Monday Post Conference Workshop

Organising Team

Patron

- Dr. Sumant Shah
- Dr. Prabodh Desai
- Dr. Ashok Johari

Organising Chairman

- · Prof. M M Prabhakar
- Prof. Pankaj Patel

Advisory Committee

- Dr. Rohit Shah
- Dr. D B Patel
- Dr. G K Patel
- Dr. J J Patwa
- Dr. Jvotindra Pandit
- Dr. Ashok Vaishnavi
- Dr. Mukul Pandit
- Dr. Avinash Maru
- Dr. Prakash Amin
- Dr. Rajiv Raj Chaudhary
- Dr. Jawahar Jethwa
- Dr. Anil Nayak

Working Committee

- Dr. Kalpan Desai
- Dr. Mehul Shah
- Dr. Mukesh Shah
- Dr. Rashmi Shah
- Dr. Kamlesh Gurjar
- · Dr. G D Tharadara
- Dr. Raju Naik
- · Dr. Jagat Bhatt
- Dr. Pranav R Shah
- · Dr. Navin Thakkar
- Dr. Bhavesh Sachde
- Dr. Dharmendra Gaiiar
- · Dr. Vimal Gandhi
- · Dr. Vijay Sata
- Dr. Nimish Patel
- Dr. Pranay A Shah
- Dr. Gaurav Parikh
- Dr. Bhavik Dalal
- · Dr. Chirag Bhalwani
- Dr. Kirti Ramnani

Scientific Program: Conference and Workshops

Growth Modulations: The New Horizon of Deformity Correction | 4 January 2013 (Friday)

Convener: Dr. Somaraju VVJ, Dr. PN Gupta

Advisor: Dr. Vrisha Madhuri

Local Coordinator: Dr. Dhiren Ganjwala

Large chunk of our paediatric orthopaedic practice is related to problems of deformities. Both surgical and non surgical treatment options are available for deformity correction. Currently osteotomy and growth modulation are two primary options for surgical correction. This workshop will cover all important aspects related to growth modulation and deformity correction by osteotomy.

Tension band plate is at present popular method for growth modulation and we have the innovator of '8' plate, Dr. Peter Stevens (Utah, USA) with us. This workshop will cover other options for growth modulations like screws and staples.

Main focus of this workshop will be on:

- Selecting the right technique for deformity correction
- Deciding the right age for growth modulation
- Knowing when it is too late to consider for growth modulation
- Newer indications where growth modulation can be applied

Please mark the day in your calendar to meet the innovator.

Paediatric Fracture Course | 4 January 2013 (Friday)

Convener: Dr. Sandeep Patwardhan, Dr. Taral Nagada

Advisor: Dr. John Mukopadhyay

Local Coordinator: Dr. Kamlesh Devmurari

Children's fractures are no longer a child's play to treat. In modern times active kids come with different fracture patterns than we learnt during our training. Parents have become demanding and have very high expectations from treating orthopods.

This preconference workshop will provide insight in current thinking of managing paediatric fractures. International and national experts will share their

Experience and provide useful on diagnosis, management and most importantly avoiding complications in paediatric fractures.

The learning in this course will be through case based discussions and not didactic. Emphasis will be given to fractures requiring surgery, fracture having diagnostic challenge, growth plate injuries and managing delayed presentations.

Scientific activity supported by **UNIVERSAL ORTHOSYSTEMS**

Day to Day Paediatric Orthopaedics | 4 January 2013 (Friday)

Convener: Dr. Hitesh Shah, Dr. Alaric Aroojis

Advisor: Dr. Ramani Narasimhan Local Coordinator: Dr. Maulin Shah

With explosion of knowledge in subspecialities, it is difficult for busy orthopod to keep updated with current thinking on paediatric orthopaedic problems. Hence we have arranged meeting with masters of paediatric orthopaedics, who will provide lucid understanding of common paediatric orthopaedic problems seen by orthopaedic surgeon in his daily practice.

This workshop will elaborate on office practice (flatfeet, intoeing), paediatric hip problems, deformity correction with growth, paediatric infections and common paediatric fractures. Do not miss this rendezvous with doyens of paediatric orthopaedics.

Post Graduate Lecture Course | 4 January 2013 (Friday)

Convener: Dr. Mathew Varghese Advisor: Prof. Dr. Pankaj Patel Local Coordinator: Dr. Bhavik Dalal

PG course is specially designed for budding orthopods to have one on one interaction with national and international masters and authors in the field of paediatric orthopaedics. This platform will provide students to have valuable interaction with eminent national and international teachers.

There will be special emphasis on teaching clinical examination of children with orthopaedic problem, basic paediatric orthopaedics and common paediatric orthopaedic topics encountered in PG exam. Please encourage your senior and exam going PGs to take this unique opportunity.

Main Conference | 5 & 6 January 2013 (Saturday & Sunday)

- Breakfast Sessions
- POSI Oration
- Guest Lectures
- Scientific Papers
- Debates

- Case Discussions
- Poster Presentation
- Tips and Tricks
- Fellowship, Entertainment &
- Memories

Advanced Workshop | 6 & 7 January 2013 (Sunday & Monday) Current concepts in Paediatric Upper Limb Problems

Convener: Dr. Rujuta Mehta Advisor: Dr. Ashok Johari

Local coordinator: Dr. Premal Naik

Paediatric upper limb problems and their solutions have so far remained in the background of our academic adventures as the POSI express rolls forwards. However these problems do constitute a substantially large part of our practice. This workshop brings to centre-stage a dedicated platform for interaction between both Indian stalwarts and international eminencia in this field.

Workshop highlights:

- Upper limb trauma (complex and delayed)
- Upper limb CP (assessment, role of botulinum toxin and surgery, role of Constrain induced therapy and PT)
- Upper limb AMC
- Congenital problems
- OBPP
- **Cadaveric dissection** of some interesting procedures will be star attraction of the workshop.

All pedipods who wish to gain an 'upper hand' are welcome to attend.

Scientific activity supported by ALLERGAN HEALTHCARE India Pvt. Ltd.





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