



# 32<sup>nd</sup> Annual Conference of the Paediatric Orthopaedic Society of India

## POSI CON

## CHANDIGARH | 2026

26<sup>th</sup> February - 01<sup>st</sup> March | Theme: Never too Late in Paediatric Orthopaedics



**Venue: The Lalit, IT Park, Chandigarh**

**Conference  
Secretariat**

Department of Orthopaedics,  
PGIMER, Chandigarh, 160012  
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**Organised  
By**

Paediatric Orthopaedic  
Welfare  
Education and Research

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## Day 1, Thursday, 26<sup>th</sup> February 2026

### Workshop: Paediatric Orthopaedic PG teaching Course: Mastering the fundamentals

Coordinators: Dr Prateek Behera, Dr Karthick Rangasamy

Time	Description	Speaker	Moderators
10:00 – 10:05	Welcome – PG course objectives and Faculty Introduction	Dr Prateek Behera Dr Karthick Rangasamy	Dr Anil Mehtani, Dr Sunil Wijayasinghe
10:05 – 10:15	Children are not miniature adults. Examination of a child	Dr Thomas Palocaren	
10:15 – 10:30	Gait Examination in a Child: Know the essentials	Dr Alok Sud	
10:30 – 10:45	What does the examiner want in these cases? VIC/ Madelung/ MHE and Sprengel's	Dr VVJ Somaraju	
<b>10:45 – 11:00</b>	<b>Tea/Coffee Break</b>		
11:00 – 11:40	Case Presentation by Residents: Elbow/ Forearm Case	PG/ Mch students	Dr Gopinath Menon Dr Jagdish Menon Dr Suresh Uprety
11:40 – 12:20	Case Presentation by Residents: Swelling/ tumour		Dr Thomas Palocaren Dr Sunil Wijayasinghe
12:20 – 12:40	Examination of a Peripheral Nerve Injury case	Dr. Anil Mehtani	
12:40 – 01:00	Examination of Patellar Instability	Dr. Sourabh Sinha	
<b>01:00 – 02:00</b>	<b>Lunch</b>		
02:00 – 03:00	Case Presentation by resident: Long Case – Hip	PG/ Mch students	Dr Mathew Varghese Dr B. Pasupathy Dr Hitesh Shah Dr Alok Sud
03:00 – 03:10	Examination of a child with clubfoot	Dr Gopinath Menon	Dr Suresh Uprety Dr Arulmozhi Rajan
03:10 – 03:20	Essentials of Tumor Radiology	Dr Jagdish Menon	
<b>03:20 – 03:30</b>	<b>Tea/Coffee Break</b>		
03:30 – 04:00	Case Presentation: Angular deformity around the knee	PG/ Mch students	Dr Anil Mehtani Dr Shobha Arora
04:00 – 04:30	Case Presentation: Clubfoot in an older child		Dr Mathew Varghese Dr Manish Rajpoot Dr Suresh Uprety
04:30 – 04:55	Essentials of Orthotics and Prosthetics in Children	Dr Sitanshu Barik	
04:55 – 05:00	Summary and Remarks	Dr Prateek Behera Dr Karthick Rangasamy	

## Day 1, Thursday, 26<sup>th</sup> February 2026

### Workshop: Straightening the Path: Surgical Techniques for Lower Limb Deformity Correction

Coordinators: Dr Vikas Gupta, Dr Ritesh Pandey

Time	Topic	Faculty
11:00 - 11:02	Welcome, workshop objectives, faculty introduction	Dr Vikas Gupta

### Part 1 – Deformity Planning

Moderators – Dr Ashish Ranade, Dr Dimuthu Tennekoon, Dr Vishal Chandak

11:02 - 11:10	What is normal? (definitions, axis, MAD, joint orientation angles)	Dr Vikas Gupta
11:10 - 11:18	Scannogram : How to get it right?	Dr Ritesh Pandey
11:18 - 11:33	Paper planning – Hands on (Normal alignment)	5 tables with 2 faculties on each table
11:33 - 11:41	CORA concept & osteotomy rules	Dr Cherian Kovoor
11:41 - 11:49	Steps in deformity analysis & finding CORA – Tibial Diaphyseal & Metaphyseal	Dr Jaswinder Singh
11:49 - 11:57	Steps in deformity analysis & finding CORA – Femur Diaphyseal & Metaphyseal	Dr J P Khatri
11:57 - 12:12	Paper planning – Hands on (tibial diaphyseal & Metaphyseal)	5 tables with 2 faculties on each table
12:12 - 12:27	Paper planning – Hands on (femur diaphyseal & Metaphyseal)	5 tables with 2 faculties on each table
12:27 - 12:35	Steps in deformity analysis & finding CORA – Tibia & femur Sagittal plane	Dr Sayim Wani
12:35 - 12:50	Paper planning – Hands on (sagittal plane – Femur & Tibia)	5 tables with 2 faculties on each table
12:50 - 01:00	Q & A	
<b>01:00 - 02:00</b>	<b>Lunch</b>	

### Part 2 – Deformity around knee

Moderators – Dr Altaf Kawoosa, Dr JP Khatri, Dr Pritish Singh

02:00 - 02:08	Coronal plane deformities around knee – Introduction & Etiology	Dr Vishal Chandak
02:08 - 02:16	Growth modulation – Indications & surgical technique	Dr Ashish Ranade
02:16 - 02:24	Management after maturity – Osteotomies and fixation methods	Dr Viranchi Vaidya
02:24 - 02:32	Deformity correction – Acute vs gradual correction	Dr Dimuthu Tennekoon
02:32 - 02:40	Q & A	
02:40 - 03:00	Case based discussion (3 Cases, 5 minutes each)	Dr Vidyasagar Dr Nikhil Challawar Dr Pratik Rastogi

## Day 1, Thursday, 26<sup>th</sup> February 2026

Time	Topic	Faculty
<b>Part 3 – Role of external fixators</b>		
<b>Moderator – Dr Cherian Kovoort, Dr Vishal Chandak, Dr Jaswinder</b>		
03:00 – 03:10	Frame construction for diaphyseal deformity tibia – hinges & distractors	Dr Altaf Kawaosa
03:10 – 03:40	Hands-on saw bone – Tibial diaphyseal deformity	5 tables with 2 faculties on each table
03:40 – 03:50	Genu Valgum – acute correction with "V" osteotomy (video)	Dr Vikas Gupta
03:50 – 04:00	Virtual planning & patient specific instrumentation for deformity correction	Dr Siddharth Sharma
04:00 – 04:30	Hands-on saw bone – Virtual Planning	5 tables with 2 faculties on each table
04:30 – 04:40	Introduction to multiplanar deformity and its correction with hexapod	Dr Pritish Singh
04:40 – 5:00	Case based discussion (3 Cases, 5 minutes each)	Dr Vikas Basa Dr Akash Makadia Dr Bhushan Sagade
<b>Table faculties – Dr Kumar Shashikant, Dr Kishmita, Dr Abilash Shrivastav, Dr Arul</b>		

## Day 1, Thursday, 26<sup>th</sup> February 2026

### Workshop: Mastering the Art of Common Pediatric Orthopaedic Trauma: Surgical Approaches and Techniques

Conveners – Dr Himanshu Kanwat / Dr Manoj Padman

Time	Topic	Faculty
10:45 – 11:00	Introduction to the workshop and faculty	Dr Manoj Padman
11:00 – 12:00	Session on Lower Limb trauma	<b>Moderators</b> Dr Guy Atherton Dr John Mukhopadhyay Dr Sandeep Patwardhan
11:00 – 11:10	Principles of Femoral and Tibial elastic nailing – how to stay out of trouble	Dr Shital Parikh
11:10 – 11:20	Femoral Shaft Fractures – Management options	Dr Ravi Chauhan
11:20 – 11:30	Adolescent Femoral Shaft Fracture – Nail or Plate?	Dr John Mukhopadhyay
11:30 – 11:40	Stabilising the weak bone – Telescopic nails	Dr Manoj Padman
11:40 – 12:00	Case Discussion Lower Limb Trauma / Long bone fractures	Dr Suresh Babu Dr Harish
<b>12:00 - 13:00</b>	<b>Workshop 1: Elastic Nailing of Femur</b>	
	12:00 – 12:15 Demo (Dr Shital Parikh)	<b>Table faculty</b> Table 1 – Dr Bhaskar Chokalingum Table 2 – Dr Aravinth Table 3 – Dr Senthil Table 4 – Dr Nitish Bikram Deo Table 5 – Dr Himanshu Kanwat Table 6 – Dr Sumit Gupta
<b>12:45 – 13:40</b>	<b>Lunch</b>	
<b>13:45 - 14:30</b>	<b>Workshop 2: Lateral entry nail for Femur</b>	
	13:45 – 14:00 Demo (Dr John Mukhopadhyay)	<b>Table faculty</b> Table 1 – Dr Tariq Mir Table 2 – Dr Gourav Jandial Table 3 – Dr Abhishek Saha Table 4 – Dr Chintan Doshi Table 5 – Dr Jaideep Dhamele Table 6 – Dr Gopi Manohar

## Day 1, Thursday, 26<sup>th</sup> February 2026

Time	Topic	Faculty
14:30 – 15:15	Session on Upper Limb trauma	Moderators Dr Shital Parikh Dr Sandeep Patwardhan Dr Manoj Padman
14:30 – 14:40	Principles of Forearm elastic nailing – how to stay out of trouble	Dr Guy Atherton
14:40 – 14:50	Humeral shaft fractures – do we need to operate them	Dr Sandeep Patwardhan
14:50 – 15:15	Case Discussion Upper Limb Trauma / Long bone fractures	Dr Rudraprasad Dr Sankar
<b>15:15 – 15:30</b>	<b>Coffee Break</b>	
<b>15:30 - 16:15</b>	<b>Workshop 3: Elastic Nailing of Humerus</b>	<p><b>Table faculty</b></p> <p>Table 1 – Dr Bhaskar Chokalingum Table 2 – Dr Aravinth Table 3 – Dr Senthil Table 4 – Dr Nitish Bikram – Deo Table 5 – Dr Himanshu Kanwat Table 6 – Dr Sumit Gupta</p>
<b>16:15 - 17:00</b>	<b>Workshop 4: Telescopic nailing of Tibia</b>	<p><b>Table faculty</b></p> <p>Table 1 – Dr Tariq Mir Table 2 – Dr Gourav Jandial Table 3 – Dr Abhishek Saha Table 4 – Dr Chintan Doshi Table 5 – Dr Jaideep Dhamele Table 6 – Dr Gopi Manohar</p>

## Day 1, Thursday, 26<sup>th</sup> February 2026

### Workshop: Pelvic and Proximal Femoral Osteotomies: Techniques, Challenges, and Clinical Applications

Coordinators: Dr Parmanand Gupta, Dr Vivek Singh

Time	Topic	Faculty
10:55 – 11:00	Introduction to Workshop and Faculty	Dr Parmanand Gupta Dr Vivek Singh
11:00 – 11:10	3D Anatomy & Orientation of Pelvis & Proximal Femur	Dr Mandar Agashe
11:10 – 11:20	Proximal Femur Varus Osteotomy- Principles & Technique	Dr Jayanth Sampath
11:20 – 11:50 Workshop Module-1	Proximal Femur Varus Osteotomy using PHP-Saw Bone Workshop	Dr Pebam Sudesh Dr Jayanth Sampath
11:50 – 12:00	Proximal Femur Valgus Osteotomy- Principles & Technique	Dr Sanjay Sarup
12:00 – 12:30 Workshop Module-2	Proximal Femur Valgus Osteotomy using PHP-Saw Bone Workshop	Dr SP Das Dr Somesh Virmani
12:30 – 01:00	Case Discussion- Proximal Femur Osteotomies	Dr Vivek Singh Dr Gaurav Gupta
<b>01:00 – 01:45</b>	<b>Lunch</b>	
1:45-1:55	Salter's Osteotomy – When & How?	Dr Vineet Aggarwal
1:55-2:05	Dega's Osteotomy – When & How?	Dr Alaric Aroojis
2:05-2:45 Workshop Module-3	Salter's & Dega's Osteotomy- Saw Bone Workshop	Dr Kishore Mulpuri Dr Sanjay Sarup Dr Vivek Singh
2:45-3:00	Case Discussion-Salter & Dega Osteotomy	Dr Vivek Singh
3:00-3:10	Triple Innominate Osteotomy(TIO)- with Open Triradiate Cartilage- Indications & Technique	Dr Somesh Virmani
3:10-3:20	Ganz Bernese -PAO Indications & Technique	Dr Parmanand Gupta
3:20- 3:40	Video Demonstration- PAO	Dr Travis Matheney
3:40- 4:40 Workshop Module-4	PAO+/- TIO Saw Bone Workshop	Dr Travis Matheney Dr Parmanand Gupta
4:40-5:00	Case Discussion- PAO	Dr Travis Matheney

### TABLE FACULTIES

Abhay Gaukhamble	Karan Singla
Avi Shah	Mohit Dua
Chetan Peshin	Sudhanshu Bansal
Curie Sharma	Sudhir Rana
Durga Nagaraju	Swapnil Keny
Gaurav Gupta	Tarang Khaimar
Kamlesh Devmurari	

## Day 1, Thursday, 26<sup>th</sup> February 2026

### Workshop: Rediscovering the Lost Art of Casting: Mastering Traditional Techniques for Modern Practice

Coordinators: Dr. Dhiren Ganjwala, Dr. Anil Agarwal

Time	Topic	Faculty
11:00-11:05	Introduction	Dr Dhiren Ganjwala
11:06-11:15	Characteristics of a good cast	Dr Sukhdeep Dulai
11:16-11:25	How to remove a cast Video	Dr Easwar
11:26-11:35	Complications and Mx	Dr Patrick Thornley
11:36-11:45	Forearm cast indices	Dr Akalanka Jayasinghe
11:46-11:55	Measuring indices on x-rays	Dr Akalanka Jayasinghe
12:01-12:40	Forearm casting Demo + hands on	Dr Viraj Shingade Dr KC Sreekanth Dr Syed Faizal Afaque Dr Ankur Agarwal
12:41-13:00	Case presentation	Dr Amarendra Singh Dr Sukalyan Dey Dr Jitendra Jain
<b>Lunch</b>		
14:01-15:00	Hip spica Types Demo and Hands on Post-spica care, stroller	Dr Dhiren Ganjwala Dr Anil Agarwal Dr Soumya Paik Dr Rashid Anjum
15:01-16:00	Casting technique- CVT and atypical clubfoot	Dr Anil Agarwal Dr Dhiren Ganjwala
16:01-16:20	Cast for scoliosis (Mehta cast) Demo by faculty	Dr Arjun Dhawale Dr Akash Ghosh
16:21-16:35	Total contact cast Demo by faculty	Dr Binu Kuriyan Dr Varun Garg
16:36-16:50	Function cast bracing Demo by faculty	Dr Vineet Arora Dr Sudhir Mahapatra
16.51	Vote of thanks	Dr Anil Agarwal

## Day 2, Friday, 27<sup>th</sup> February 2026

Time	Topic	Faculty
<b>Symposium: Musculoskeletal Infections</b>		
Moderators: Dr Shobha Arora, Dr Premal Naik		
Panelist: Dr Viraj Shingade, Dr Alok Sud, Dr Sanjay Sarup, Dr Sunil Wijayasinghe, Dr Ranjit Deshmukh		
08:00–08:06	Case 1-Sequestrum and sinus without sufficient involucrum	Dr Bansi Khaunte
08:07–08:13	Case 2-Late presenting/ partially treated septic arthritis of hip	Dr Karthick SR
08:14–08:20	Case 3- Pathological fracture in osteomyelitis	Dr Prateek Behera
08:21–08:30	Q & A, Discussion	
08:31–08:37	Antibiotic strategies for Chronic Osteomyelitis	Dr Anil Agarwal
08:38–08:44	Adolescent Post Septic Sequelae- not the same as infants	Dr Sandeep Patwardhan
08:45–08:51	Mimics of osteomyelitis	Dr John Mukhopadhyay
08:52–09:00	Q & A, Discussion	All Faculties
<b>Symposium: Paediatric Hip</b>		
Moderators/ Chairpersons : Dr Ajai Singh, Dr Ramesh Sen		
09:05–09:11	"Painful subluxated/ dislocated hips in non-ambulatory CP kids – to contain or to excise"	Dr Sukhdeep Dulai
09:12–09:18	Medial growth modulation proximal femur: myth or magic?	Dr Kishore Mulpuri
09:19–09:25	Hips that don't bend in AMC – Management strategies	Dr Harold van Bosse
09:26–09:32	Idiopathic Chondrolysis of hip - management through the stages	Dr Parmanand Gupta
09:33–09:39	Intraoperative imaging for infant hip reductions – contrast enhanced ultrasound of the hip to assess vascularity	Dr Travis Matheney
09:40–09:46	Osteochondroplasty in SCFE – When and How?	Dr Mandar Agashe
09:47–09:50	Q & A, Discussion	
09:55–10:10	POSICON Debate – Deformed, misshapen, pre-arthritic femoral head in an adolescent – attempt hip preservation Vs Wait and replace	Dr Manoj Padman Vs Dr Ramesh Sen
<b>10:15–10:30</b>	<b>Tea Break</b>	

## Day 2, Friday, 27<sup>th</sup> February 2026

### Main Conference

Time	Topic	Faculty
10:31-11:00	<b>POSI Oration – Ikigai and Orthopaedics: Finding purpose and leading with impact</b> <b>Moderators: Dr Alaric Aroojis, Dr Viraj Shingade</b> <b>Orator: Dr Kishore Mulpuri</b>	
11:10-12:40	<b>POSI Best Paper Session</b> <b>Moderators/ Chairperson: Dr Ramani Narasimhan , Dr Pebam Sudesh</b>	
Time	Topic	Presenter
11:10- 11:19	The role of growth modulation in coronal knee deformities secondary to Chronic Kidney Disease, are they different from Idiopathic Genu valgum?	Dr Kunal Singla
11:19-11:28	Outcomes of Staged Multilevel Surgeries in Brachial Plexus Birth Injury (BPBI) patients with positive Elbow Block Test	Dr Maulin Mahendrakumar Shah
11:28-11:37	Role of systemic inflammatory markers in predicting complications in children with major musculoskeletal injuries – A prospective cohort study	Dr Sourabh Kumar Sinha
11:37-11:46	Clinical correlates and treatment outcomes in amniotic band syndrome associated clubfoot	Dr Anil Agarwal
11:46-11:55	Ulnarization Of The Wrist: A Successful And Complication-Free Approach For Radial Club Hand Deformity Correction	Dr Sakti Prasad Das
11:55-12:04	Valgus Intertrochanteric Osteotomy without Fibular Strut Grafting for Femoral Neck Non-union in Children: A Retrospective Case Series	Dr Rahul
12:04-12:13	Prevalence and Determinants of Proximal Femoral Growth Alterations in Developmental Dysplasia of the Hip: A Prospective Analysis Study	Dr Aditya KS Gowda
12:13-12:22	Long bone deformities in Osteogenesis Imperfecta treated with a combination of Intramedullary nail and a supplementary plate fixation	Dr Nishant Amarnath Jagdale
12:22-12:31	Mid-term Outcomes and Predictors of Deformity in a Comprehensive Tibio-fibular Cross-Union Protocol for Congenital Pseudarthrosis of the Tibia	Dr Ankita Kanchinadka Sripathy
12:31-12:40	Factors determining union and implant breakage in the management of Congenital Pseudoarthrosis of Tibia: A retrospective analysis of 54 cases	Dr Vikaas Ethanur Thupalle
12:45-13:40	<b>Lunch and Spotlight session on OrthoPediatrics (Coordinator – Dr Alaric Aroojis)</b>	

## Day 2, Friday, 27<sup>th</sup> February 2026

13:45-14:25

**POSI Free Papers in parallel halls A and B**

### Hall A

**Chairpersons: Dr VVJ Somaraju, Dr Vivek Shrivastava**

Time	Topic	Presenter
13:45-13:52	Effect of Local Infiltration of Tranexamic Acid and Adrenaline on Reduction of Intraoperative Blood Loss in Paediatric Scoliosis Surgery: A Randomised Controlled Trial	Dr Peramunugamage Don Oliver Seneeth Dilanka
13:52-13:59	Outcomes of Foramen magnum Decompression and Occipito Cervical Fusion for Craniocervical Pathology in Morquio Syndrome – A Single Center's Experience Over 20 years	Dr Jayaoviya N P
13:59-14:06	Novel management algorithm of forearm Supination deformity in children with residual Brachial Plexus Birth Injury(BPBI)	Dr Shashank V A
14:06-14:13	Outcomes of Combined Primary Brachial Plexus reconstruction followed by secondary orthopaedic surgeries in children affected by Brachial Plexus Birth Injury (BPBI)	Dr Joyce James Mammen
14:13-14:20	Pre-Operative Halo Gravity Traction in Severe Pediatric Scoliosis and Kyphoscoliosis	Dr Atif Naseem
14:20-14:27	Functional evaluation of Pollicization in young children with radial longitudinal deficiency- beneficial results despite presence of finger anomalies	Dr Rujuta Mehta

### Hall B

**Chairpersons: Dr Sharat Agarwal, Dr Sameer Aggarwal**

Time	Topic	Presenter
13:45-13:52	Which radiological measurements correlate best with patient-perceived post-operative shoulder imbalance and patient-reported outcomes following posterior spinal fusion for Adolescent Idiopathic Scoliosis?	Dr Anand kumar Anand Ramalingam
13:52-13:59	Ultrasonographic assessment of Tendoachilles regeneration following complete tenotomy in clubfeet treated by the Ponseti method in children older than 1 year of age- a Prospective study	Dr Nandhini Vishwanath Iyer
13:59-14:06	Effectiveness of Growth modulation in paediatric knee deformities with sick physis compared to normal physis	Dr Akash Vishwakarma
14:06-14:13	Functional Outcomes and Quality of Life Following Sengupta Quadricepsplasty in Children with Quadriceps Fibrosis : A Cohort study	Dr Gavin D Tharayil

## Day 2, Friday, 27<sup>th</sup> February 2026

14:13-14:20	Are problem fractures problematic in children? – an analysis of paediatric femoral neck fractures treated over past 15 years	Dr. Pooja Pradeep Suratwala
14:20-14:27	Do children <3years at index surgery for DDH have a better outcome at mid-term follow-up in comparison to children >3years at index surgery? A prospective comparative study	Dr Vivek Singh

### Symposium (Hall A) Paediatric Spine Academy of India (Congenital Scoliosis)

**Moderators:** Dr Ashok Johari, Dr Ramani Narasimhan, Dr Rohit Jindal

14:31-14:38	Antenatal diagnosis and counselling	Dr Hriday Acharya
14:38-14:46	Clinical Examination	Dr Patrick Thornley
14:46-14:54	Radiological evaluation	Dr Ashish Ranade
14:54-15:02	Casting	Dr Arjun Dhawale
15:02-15:10	Growth rods	Dr Abhay Nene
15:10-15:18	Rigid scoliosis – Osteotomy and fusion	Dr Pankaj Kandwal
15:18-15:26	Syndromic scoliosis	Dr Viral Jain
15:26-15:30	Q & A, Discussion	

### POSI free paper (Hall B) Chairpersons: Dr Ravjit Singh, Dr Sumit Bhandari

Time	Topic	Presenter
14:30-14:37	Concealed deformities in congenital posteromedial bowing of the tibia	Dr Siddarth Kamath
14:37-14:44	The clinical and radiological outcome of children with Gartland type 3 and 4 supracondylar humerus treated by closed percutaneous pinning in lateral vs conventional supine position. A retrospective cohort study	Dr Raghavendra K
14:44-14:51	Clinical and Radiological Outcomes of a Modified Woodward Procedure for Sprengel Shoulder	Dr Bhushan Sharad Sagade
14:51-14:58	Re-cycled Autograft following Extracorporeal Radiation for Limb salvage in Pediatric Bone Sarcoma – A retrospective analysis from a tertiary referral centre	Dr Love Kapoor
14:58-15:05	Cost effective options of limb salvage in pediatric bone sarcomas: minding the problem and finding solutions in developing countries	Dr Venkatesan Sampath Kumar
15:05-15:12	Normal patellar values in children and their comparison in different age groups	Dr Ritesh Arvind Pandey

## Day 2, Friday, 27<sup>th</sup> February 2026

Time	Topic	Faculty		
15:12-15:19	Correlation of clinical , sagittal and gait parameters in management of crouch gait in cerebral palsy	Dr Sushant Sudhir Srivastava		
15:19-15:26	Outcomes of Trochanteric Entry Rigid Intramedullary Nailing for Adolescent Femoral Shaft Fractures: A Retrospective Indian Cohort Study	Dr Vivek Manoharlal Sodhai		
<b>15:30 - 15:55</b>	<b>Tea/Coffee Break and Trade Exhibition</b>			
<b>Symposium: Neuromuscular disorders SMA and Spina Bifida</b>				
<b>Moderator – Dr Alaric Aroojis, Dr Naveen Sankhyan</b>				
16:01-16:10	What after gene therapy – functional levels and longevity	Dr Renu Suthar		
16:11-16:17	Orthopaedic lecture 1 (Extremities)	Dr Guy Atherton		
16:18-16:24	Orthopaedic lecture 2 (Spine)	Dr Patrick		
16:25-16:40	Holistic care of children with spina bifida	Dr Santosh Karmakar		
16:41-16:45	Q & A, Discussion			
<b>Symposium: Demystifying cystic lesions in bone</b>				
<b>Moderators – Dr Ashish Gulia, Dr Pebam Sudesh</b>				
16:51-16:57	UBC – Steroid or Surgery	Dr Venkatesan Sampath		
16:58-17:04	Success rate with Polidocanol – TMH experience	Dr Manish Pruthi		
17:05-17:11	Osteofibrous dysplasia – Management intricacies	Dr Thomas Palocaren		
17:12-17:15	Q & A, Discussion	All faculties		
17:16-17:30	POSICON Debate – Do all cystic lesions need MRI and biopsy before intervention	Against – Dr Ashish Gulia For – Manish Pruthi		
<b>17:31 - 18:00</b>	<b>Tea/Coffee Break and Trade Exhibition</b>			
<b>18:00 - 19:35</b>	<b>POSI GBM</b>			
<b>20:00 onward</b>	<b>Gala Dinner</b>			



Day 3, Saturday, 28<sup>th</sup> February 2026

Main Conference		
Time	Topic	Faculty
<b>Symposium: Decoding Management of Traumatic Physeal Arrests through Consensus</b>		
<b>Moderators- Dr Ashok Johari, Dr Dhiren Ganjwala</b>		
<b>Panelists: Dr. Shital Parikh, Dr. Sandeep Patwardhan, Dr. Venkatadass K, Dr Gopinath Menon</b>		
08:00-08:05	Introduction to structure of session	Moderators
08:06-08:15	<p>Case 1</p> <p>Case presentation – 2 minutes</p> <p>Live Poll- 4 Questions – 1 minute</p> <p>Experts Panel Discussion- 4 minutes</p> <p>Repeat live Poll- 1minute (display shift in results)</p> <p>Summary and Consensus points-2 minutes</p>	Dr Suresh Chand  Panelist  Moderators
08:16-08:25	<p>Case 2</p> <p>Case presentation – 2 minutes</p> <p>Live Poll- 4 Questions – 1 minute</p> <p>Experts Panel Discussion- 4 minutes</p> <p>Repeat live Poll- 1minute (display shift in results)</p> <p>Summary and Consensus points-2 minutes</p>	Dr Vivek Sodhai  Panelist  Moderators
08:26-08:35	<p>Case 3</p> <p>Case presentation – 2 minutes</p> <p>Live Poll- 4 Questions – 1 minute</p> <p>Experts Panel Discussion- 4 minutes</p> <p>Repeat live Poll- 1minute (display shift in results)</p> <p>Summary and Consensus points-2 minutes</p>	Dr Kailash Sarathy  Panelist  Moderators
08:36-08:43	Rapid fire Polls on controversial questions (Age/ percentage of bar/ imaging modality of choice/growth estimation method /3D planning/ contralateral epiphysiodesis / influence of etiology on decision /interposition material)	
08:44-08:48	Expert panel reactions to rapid fire	Panelist
08:49-08:55	Consensus Summary: convergence points/ divergence points / Direction of future research	Moderators
09:01-09:15	<p><b>Kameshita forum award paper</b></p> <p><b>Chairperson: Dr Anil Pandey, Dr Ashok Johari</b></p> <p><b>Title: Shoulder Girdle Deformation Score: A Novel Plain Radiographic Tool for assessing Gleno-humeral Dysplasia in Brachial Plexus Birth Plasty</b></p>	Presenter: <b>Dr Rujuta Mehta</b>

## Day 3, Saturday, 28<sup>th</sup> February 2026

09:20-10:00	Parallel Halls A and B – POSI Free papers and Best Poster presentations	
<b>Free Papers Presentation   Hall A</b>		
Time	Topic	Presenter
09:20-09:27	Mid-Term Outcomes of Pediatric Pelvic Fractures: Insights from a Tertiary Care Center	Dr Aravindasabari Purushothaman
09:28-09:35	Epidemiology of Brachial Plexus Birth Palsy: A Single-Center Study of 1160 Patients from India	Dr Vaibhav Mittal
09:36-09:43	Comparison of Intra-and Interobserver Reliability Analysis of Orientation Proximal Femur Physis Parameters on Radiographs	Dr Varun Garg
09:44-09:51	Technique for Implant-Free Medial Patello-femoral Ligament Reconstruction Using Tensor Fascia Lata Graft in Pediatric Patellar Instability	Dr Rudraprasad M S
09:52-09:59	Efficacy of the Ponseti Method in Non-idiopathic Clubfoot	Dr Anisha Rao
<b>Free Papers Presentation   Hall B</b>		
Time	Topic	Presenter
09:20-09:27	Outcomes of the two-stage induced membrane (Masquelet) technique in children with long-bone infection and defects: a single-centre cohort	Dr Sanika Srinand Rapole
09:28-09:35	Corrective Strategies for Idiopathic Genu Valgum in Growing Children: A Randomized Trial of Two Osteotomy Techniques	Dr Jai Prakash Khatri
09:36-09:43	Comparison of clinical, radiological and functional outcomes between children younger than 2 years of age and those older than 2 years of age with post septic hip dislocation treated with reconstructive surgery: a minimum 5 year follow-up study	Dr Moka Siddardha
09:44-09:51	Does Vitamin D Decide Perthes Pace? Prospective Data from 50 Children	Dr Udit Agrawal
09:52-09:59	Paediatric Orthopaedics in Postgraduate Training: An Underrepresented Subspecialty in India	Dr Abhishek S Bhasme
<b>10:00 – 10:30</b>	<b>Tea and Trade Exhibition</b>	

## Day 3, Saturday, 28<sup>th</sup> February 2026

### Main Conference

Time	Topic	Faculty
<b>Symposium: Late presenting congenital upper limb anomalies</b>		
<b>Moderators- Dr SS Tripathy, Dr NK Das</b>		
10:31-10:37	Late presenting torticollis – management intricacies	Dr Vikas Gupta
10:38-10:44	Late presenting Sprengel's shoulder – Decision making	Dr Premal Naik
10:45-10:52	Madelung's deformity – Long term outcome after operative intervention	Dr Hitesh Shah
10:53-11:00	Forearm Osteochondromatosis- Enigma of the dislocated Radial Head	Dr Maulin Shah
11:01-11:05	Q & A, Discussion	
11:05-11:20	Radial clubhand in an older child – Intervene vs Leave it POSICON Debate 3	Dr Rujuta Mehta Vs Dr Jayanth Sampath
<b>Symposium: Social Paediatric Orthopaedics</b>		
<b>Moderators- Dr Dhiren Ganjwala, Dr Bhavneet Bharti</b>		
11:21-11:28	Supporting families of bedridden non-ambulant kids through their growth	Dr Mathew Varghese
11:29-11:35	Making schools disability friendly	Dr Bhavneet Bharti
11:36-11:42	'Hip screening programs in India - how to make them a reality'	Dr Alaric Aroojis
11:43-11:50	Rehab in osteogenesis imperfecta- The patient view	Master Harjot Singh
11:56-12:15	Panel discussion on comprehensive affordable rehabilitation to all	Moderator – Dr Dhiren Ganjwala Panelists – Dr Bhavneet Bharti Dr Sukhdeep Dulai Dr Mathew Varghese Dr Ashok Johari Dr Santosh George

## Day 3, Saturday, 28<sup>th</sup> February 2026

Main Conference				
Time	Topic	Faculty		
<b>Symposium: Osteogenesis Imperfecta</b>				
<b>Moderators – Dr Suhas Ranjan Bala, Dr Easwar T</b>				
<b>Panelists: Dr Ramani Narasimhan, Dr Atul Bhaskar, Dr Premal Naik, Dr Rudra Prasad, Dr Jayanth Sampath</b>				
12:25-12:31	Case 1- Migrated implant/ Implant cut-out with recurrent deformity	Dr Ashok Kumar		
12:32-12:38	Case 2 – Coxa Vara in OI	Dr Ravi Chauhan		
12:39-12:45	Case 3- ST femur nonunion with implant in situ in OI	Dr Sandeep Vaidya		
12:46-12:53	Telescopic nail exchange - challenges and how to address them	Dr Atul Bhaskar		
12:54-13:01	Spinal Deformities in OI	Dr Ashok Johari		
13:02-13:10	Upper limb deformities in OI	Dr Nirmal Raj Gopinathan		
13:11-13:15	Q & A, Discussion			
13:15 – 13:30	<b>Valedictory function</b>			
13:30 onwards	<b>Lunch and Spotlight session on RISE BIONICS</b>			
Post Conference Workshop on Arthrogryposis Multiplex Congenita				
14:30 – 14:40	Introduction and outline of the workshop –	Dr Nirmal Raj Gopinathan Dr Harold Van Bosse		
<b>Module 1: Revisiting basics</b>				
14:40-14:48	Overview of AMC	Dr Anupriya Kaur		
14:49-14:56	Epidemiology, etiology, genetics and classification	Dr Anupriya Kaur		
14:57-15:05	Common clinical presentations	Dr Prateek Behera		
15:06-15:14	Investigations/ evaluation	Dr Karthick SR		
15:16-15:20	Q & A, Discussion			
15:30-15:55	<b>Tea Break</b>			
<b>Module 2: Management of lower limb deformities/ contractures</b>				
<b>Panelists: Dr Harold Van Bosse, Dr Premal Naik, Dr Jayanth Sampath, Dr Parmanand Gupta Dr Viraj Shingade, Dr Sandeep Patwardhan, Dr Hitesh Shah, Dr Sanjay Sarup, Dr Venkatadass</b>				
16:01-16:05	Relevant Clinical examination	Dr Easwar TR		
16:06-16:14	Case 1 Hip	Dr Parmanand Gupta		
16:15-16:23	Case 2 Hip	Dr Venkatadass K		
16:24-16:32	Case 3 Knee	Dr Nirmal Raj Gopinathan		
16:33-16:41	Case 4 Knee	Dr Premal Naik		
16:42-16:50	Case 5 Foot and ankle	Dr Viraj Shingade		
16:51-16:58	Case 6 Foot and ankle	Dr Cherian Kovoov		
17:00-17:30	Summarizing lower limb management in AMC	Dr Harold Van Bosse		
17:30-18:15	Q & A, Discussion			

## Day 4, Sunday, 01<sup>st</sup> March 2026

### Post Conference Workshop: Arthrogryposis Multiplex Congenita

Time	Topic	Faculty
<b>Module 3: Management of upper limb contractures/ deformities</b>		
Panelists: Dr Scott Oishi, Dr Rujuta Mehta, Dr Vivek Singh, Dr SS Tripathy, Dr Terrence Jose Jerome, Dr Maulin Shah		
8:00 – 8:10	Relevant Clinical examination	Dr Terrence Jose Jerome
8:11 – 8:18	Case 1	Dr Rujuta Mehta
8:19 – 8:27	Case 2	Dr Abhay Gaukhamble
8:28 – 8:36	Case 3	Dr Kapil Gangwal
8:37 – 8:45	Case 4	Dr Akash Ghosh
8:46 – 8:54	Case 5	Dr SP Das
9:00 – 9:30	Summarizing upper limb management in AMC	Dr Scott Oishi
9:31–10:00	Q & A, Discussion	
<b>10:00 – 10:20</b>	<b>Tea Break</b>	

### Module 4: Management of Spinal deformities

10:30 – 10:45	Spinal deformities	Dr Harold van Bosse
10:46–10:50	Q & A, Discussion	
10:51–11:20	Module 5: Answering the big question: Overall management of the child for all musculoskeletal deformities	Dr Harold Van Bosse Dr Scott Oishi and all faculties

### Module 6: Rehabilitation

11.21 – 11.35	Physiotherapy and occupational therapy protocols	Dr Tejas Patel
11.36 – 11.45	Home care strategies	Dr Tejas Patel
11.51 – 12.05	Role of assistive devices and splints	Prof Virinder Singh Gogia
12.06 – 12.15	Navigating into adulthood/ Societal inclusion and occupational rehabilitation	Prof Virinder Singh Gogia
12.16 – 12.30	Q & A, Discussion	
12.31 – 12.40	AMC support group establishment	
12.41 – 13.00	Final remarks	
<b>13:01 – 13:10</b>	<b>Vote of Thanks</b>	
<b>13:15 onwards</b>	<b>Lunch</b>	

